

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 4337
TO BE ANSWERED ON 20TH DECEMBER, 2024**

CASES OF TYPE-2 DIABETES

4337. SHRI ANTO ANTONY:

Will the **Minister of HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the steps taken/proposed to be taken by the Government to address the rise in Type 2 diabetes (T2D) cases among the youth aged 15-24;
- (b) whether the Government provide data on the prevalence of Type 2 diabetes among young people, if so, the details thereof, State-wise;
- (c) the specific initiatives being implemented to promote diabetes awareness and prevention among youth in the country;
- (d) whether there are any targeted programs for improving early diagnosis and treatment of diabetes among young people and if so, the details thereof; and
- (e) the status of efforts made to improve access to proper healthcare for managing diabetes in rural and deprived areas of the country?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (e): The Department of Health and Family Welfare, Government of India, provides technical and financial support to the States and Union Territories under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD) as part of National Health Mission (NHM). The programme focuses on strengthening infrastructure, human resource development, early diagnosis, referral to an appropriate level of healthcare facility for treatment and management and health promotion and awareness generation for prevention, of Non-Communicable Diseases (NCDs) including diabetes. Through 1,75,182 Ayushman Arogya Mandirs, diabetes risk assessments and screenings are done for all. Under National Programme for Prevention and Control of Non Communicable Diseases

(NP-NCD), 770 District NCD Clinics and 6410 Community Health Center NCD Clinics have been set up.

Further initiatives for increasing public awareness about NCDs including diabetes and for promotion of healthy lifestyle includes observation of World Diabetes Day, use of print, electronic and social media for continued community awareness. Financial support under National Health Mission (NHM) for awareness generation activities for NCDs including diabetes is provided to States and Union Territories as per their Programme Implementation Plans (PIPs).

Food Safety and Standards Authority of India (FSSAI) has launched campaigns like “Eat Right Initiative” and “Aaj Se Thoda Kum” to promote healthy eating practices. “Fit India movement” and “Khelo India” implemented by Ministry of Youth Affairs and Sports promote youth engagement in physical activity. Various Yoga related activities are carried out by Ministry of AYUSH.

Under National Free Drugs Service initiative essential medicines for diabetes including Insulin are provided free of cost at public health facilities to all.

Ayushman Bharat Pradhan Mantri Jan Arogya Yojana (AB PM-JAY) aims to provide health cover of Rs. 5 lakhs per family per year for secondary and tertiary care hospitalization to approximately 55 Cr beneficiaries corresponding to 12.37 Crore families constituting the bottom 40% of India's population.

In the latest national master of the Health Benefit Package (HBP) the scheme provides cashless healthcare services related to 1961 procedures across 27 specialties including Diabetes and complications arising due to diabetes through a network of more than 29,870 hospitals empanelled in the scheme. Some of the packages related to the complications arising from the diabetes are Diabetic foot, diabetic ketoacidosis, diabetic retinopathy, etc.
