

**Government of India  
Ministry of Youth Affairs and Sports**

**LOK SABHA  
UNSTARRED QUESTION NO.3942  
TO BE ANSWERED ON 18.08.2025**

**Mental Health and Youth Well-being**

**3942. Shri Charanjit Singh Channi:**

**Adv Dean Kuriakose:**

**Shri Benny Behanan:**

**Will the Minister of YOUTH AFFAIRS AND SPORTS be pleased to state:**

**(a) whether the Government is planning to establish a National Youth Mental Health Awareness Policy, if so, the details thereof and if not, the reasons therefor;**

**(b) whether the Government has conducted a need assessment of mental health support among tribal, rural, differently-abled and LGBTQIA youth;**

**(c) whether the Government is conducting any periodic well-being audits of elite and grassroots athletes, with a mechanism to anonymously report burnout, harassment or mental health concerns;**

**(d) if so, whether the Ministry is collaborating with other Ministries to incorporate emotional resilience, body image and bullying prevention modules in youth leadership and fitness programmes; and**

**(e) if so, the details thereof and if not, the reasons therefor?**

**ANSWER  
THE MINISTER OF YOUTH AFFAIRS AND SPORTS  
(DR. MANSUKH MANDAVIYA)**

**(a) At present, there is no standalone National Youth Mental Health Awareness Policy under consideration. However, in order to address the burden of mental disorders, the Government is implementing the National Mental Health Programme (NMHP), including the District Mental Health Programme (DMHP), sanctioned in 767 districts to provide facilities at Community Health Centres (CHCs) and Primary Health Centres (PHCs) such as outpatient services, counselling, psycho-social interventions, continuing care, essential drugs, outreach, and ambulance services.**

**(b) No such needs assessment of mental health focusing exclusively on tribal, rural, differently-abled and LGBTQIA youth has been conducted.**

**(c) The Ministry as such does not conduct periodic well-being audits of elite and grassroots athletes. However, under the Scheme of Assistance to National Sports Federations (NSFs), there is a provision to engage scientific support staff including mental health professionals such as Psychologists with the Indian players during National Coaching camps, international exposures/competitions etc.**

**(d) & (e) The Ministry of Health & Family Welfare has upgraded more than 1.77 lakh Sub Health Centres (SHCs) and Primary Health Centres (PHCs) to Ayushman Arogya Mandirs. Mental health services have been added in the packages of services under Comprehensive Primary Health Care provided at these Ayushman Arogya Mandirs. Operational guidelines and training manuals for various cadres on Mental, Neurological, and Substance Use Disorders (MNS) at Ayushman Arogya Mandirs have been released under the ambit of Ayushman Bharat. The Government has launched a National Tele Mental Health Programme on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 31.07.2025, 36 States/UTs have set up 53 Tele-MANAS Cells. Tele-MANAS services are available in 20 languages based on the language opted by States, and more than 24 lakh calls have been handled on the helpline number. The Government has also launched the Tele-MANAS Mobile Application on**

**10th October, 2024, and introduced a video consultation facility in addition to the existing audio calling facility.**

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