

**GOVERNMENT OF INDIA  
HEALTH AND FAMILY WELFARE  
LOK SABHA**

UNSTARRED QUESTION NO:1177  
ANSWERED ON:30.11.2005  
SURVEY ON FOOD HABITS OF KIDS  
Singh Kunwar Rewati Raman

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

- (a) Whether Delhi Diabetes Research Centre has conducted a survey on the food habits of Delhi kids ;
- (b) if so, the details of its findings;
- (c) whether there is any proposal to conduct similar surveys through the same or any other agency for other places in the country to ascertain the food habits of the children across the country; and
- (d) if so, the details thereof?

**Answer**

THE MINISTER OF STATE MINISTER OF HEALTH AND FAMILY WELFARE (SMT. PANABAKA LAKSHMI)

(a) & (b) `The Delhi Diabetes Research Centre`, a non governmental organization in collaboration with Government of Delhi launched an awareness and education programme and a study focusing on hazards of obesity and its relation with diabetes, among the school children in Delhi. The study concluded that lack of physical activity/exercise combined with excess consumption of fast food and aerated drinks are the major causes of over weight/obesity in these children.

(c) & (d) At present there is no proposal to conduct similar surveys through the same or other agency for other places in the country to ascertain the food habits of the children across the country.