

**GOVERNMENT OF INDIA
DEFENCE
LOK SABHA**

UNSTARRED QUESTION NO:3128
ANSWERED ON:11.05.2006
HEART AILMENTS AMONG SOLDIERS
Singh Kunwar Rewati Raman

Will the Minister of DEFENCE be pleased to state:

- (a) whether it is a fact that heart ailments are on the rise among the soldiers posted on the frontline;
- (b) if so, whether any assessment in regard to the extent and magnitude of the problem among the soldiers has been made;
- (c) if so, the details thereof; and
- (d) the steps taken to address the situation?

Answer

MINISTER OF DEFENCE (SHRI PRANAB MUKHERJEE)

(a) to (d): A statement is attached.

STATEMENT REFERRED TO IN REPLY TO PARTS (a) TO (d) OF LOK SABHA UNSTARRED QUESTION NO. 3128 FOR ANSWER ON 11.5.2006

There is no significant increase in heart ailments among the soldiers deployed on the frontline.

Regular assessment is done in the Armed Forces not only for heart ailments but for all other diseases also. In addition to generation of health intelligence on a regular basis, steps taken to address the situation include the following:-

- (a) Health education in the form of lectures, group-discussions and personal counseling.
- (b) Undertaking de-stressing activities.
- (c) Organizing regular physical training and games.
- (d) Annual medical examination of all personnel.
- (e) Deployment to frontline of troops with appropriate medical classification.