

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:1190
ANSWERED ON:29.11.2006
INCREASE IN DIABETIC PATIENTS
Sugavanam Shri E.G.

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether the Government has analysed the causes for the increasing number of diabetic patients in the country;
- (b) if so, the details thereof;
- (c) if not, the reasons therefor; and
- (d) the steps taken by the Government to check the disease?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH & FAMILY WELFARE (SMT. PANABAKA LAKSHMI)

(a) to (c): According to Indian Council of Medical Research (ICMR), 'Burden of diseases' it is estimated that there are 37.77 million diabetics in India in 2004. The rise in the number of cases is mainly related to changing life style patterns.

Type 1 diabetes may account for 5% to 10% of all diagnosed cases of diabetes and environmental factors are involved in the development of this type of diabetes.

Type 2 diabetes may account for about 90% to 95% of all diagnosed cases of diabetes. Risk factors for type 2 diabetes include older age, obesity, family history of diabetes, prior history of gestational diabetes, impaired glucose tolerance, physical inactivity and race/ethnicity. Gestational diabetes develops in 2% to 5% of all pregnancies but usually disappears when a pregnancy is over.

Other specific types of diabetes result from specific genetic syndromes, surgery, drugs malnutrition, infections, and other illnesses. Such types of diabetes may account for 1% to 2% of all diagnosed cases of diabetes.

(d) The Pilot Project of the proposed National Programme on prevention and control of Diabetes, Cardio Vascular diseases and stroke is being initiated in 2006-07 with emphasis on prevention and early detection of the disease, management and avoidance of complications. The programme would also help in reducing modifiable risk factors through interventions at various levels.