

**GOVERNMENT OF INDIA  
HEALTH AND FAMILY WELFARE  
LOK SABHA**

UNSTARRED QUESTION NO:2119  
ANSWERED ON:06.12.2006  
CHILDHOOD OBESITY DIABETIC PATIENTS  
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**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

- (a) whether the childhood obesity and type 2 diabetic patients are on the rise in the country;
- (b) if so, the details thereof and the reasons therefor;
- (c) the adverse impact on the society and economy of the country as a result thereof;
- (d) whether any scheme is underway to spread awareness regarding obesity, diabetes, hypertension, heart attacks etc.; and
- (e) if so, the details in this regard?

**Answer**

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH & FAMILY WELFARE (SMT. PANABAKA LAKSHMI)

(a) to (e): According to Indian Council of Medical Research (ICMR), the overall cross sectional study suggests an increase in the prevalence of obesity and over the period. A cross sectional study undertaken in Delhi School showed that the prevalence rate of overweight and obese children is 29% this is an increase from previous studies which showed it as 16% (2002-04, adolescents). The reasons attributed to the rising prevalence of over-weight and obesity include reduced level of physical activity / increase in sedentary life as also increased consumption of calorie dense nutrient deficient food items. Since creating awareness through information, educational and communication is the main strategy, to tackle this issue, this component has been incorporated in the proposed National Programme for Control of Diabetes and Cardiovascular Diseases (CVD).