

**GOVERNMENT OF INDIA  
HEALTH AND FAMILY WELFARE  
LOK SABHA**

UNSTARRED QUESTION NO:305

ANSWERED ON:20.11.2009

DIABETIC PATIENTS

Muttemwar Shri Vilas Baburao;Sidhu Shri Navjot Singh;Yadav Shri Ranjan Prasad

**Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:**

(a) whether the Government is aware of the Report of International Diabetes Federation (IDF) which reveals that India will have most number of diabetic patients by the year 2010;

(b) if so, the details thereof and the reaction of the Government thereto;

(c) the reasons for increase in the number of such patients; and

(d) the remedial measures taken/ proposed to be taken and the assistance provided by the Government to control the disease in the country, State-wise?

**Answer**

THE MINISTER OF HEALTH & FAMILY WELFARE(SHRI GHULAM NABI AZAD)

(a) & (b): Indian Council of Medical Research (ICMR) has informed that according to International Diabetes Federation (IDF), over the last 20 years the total number of people with diabetes worldwide has raised from 30 million to 230 million, with China and India at the top of the league.

(c): The increase in prevalence of diabetes is due to various factors including low birth weight turning into well fed when grow, unhealthy diet, obesity and sedentary lifestyle, population ageing, better availability of diagnostic facilities, environmental degradation and its impact on endocrine system etc. Evidence from epidemiological studies clearly point out that Indians as an ethnic group have a very high risk of developing diabetes. The rapid economic growth, accompanied by rapid urbanization, may be one of the contributions to the increase in diabetic epidemic. Urbanization has been found associated with unhealthy nutrition and physical inactivity, leading to obesity and increase in the prevalence of chronic diseases such as diabetes.

(d): Treatment for diabetic patients is available at PHC/CHC, district hospitals, higher tertiary level Government hospitals and Medical Colleges.

Government of India has launched a National Programme for Prevention and Control of Diabetes, Cardiovascular Diseases and Stroke on the Pilot basis in 10 districts in 10 States which among other things, seeks to facilitate early detection of this disease. An outlay of Rs. 1660.50 crore has been allotted for NPDCS during 11th Five Year Plan which will cover the entire country eventually.