

**GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA**

UNSTARRED QUESTION NO:2198

ANSWERED ON:29.07.2016

Mental Patients

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Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether the Government is aware of the increasing number of mental patients across the country;
- (b) if so, the details thereof along with the mental disorder these patients commonly get affected;
- (c) the steps taken by the Government to treat the said patients along with the fund allocated and utilized, during the last three years, State/UT-wise;
- (d) whether the Government proposes to revise the National Mental Health Programme and implement the said programme throughout the country;
- (e) if so, the details thereof and the action taken thereon; and
- (f) whether the Government has made provision in the new mental health policy for caregiveness, if so, the details thereof and the steps taken by the Government to make mental health facilities more accessible to vulnerable groups?

Answer

ANSWER

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI FAGGAN SINGH KULASTE)

(a) & (b): In 2005, the National Commission on Macroeconomics and Health reported that 10-20 million (1-2% of population) suffered from severe mental disorders such as schizophrenia and bipolar disorder and nearly 50 million (5% of population) from common mental disorders such as depression and anxiety, yielding an overall estimate of 6.5 per cent of the population.

(c) to (f): To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) and the District Mental Health Programme (DMHP). Funds have been released for 241 districts in the country under the DMHP for detection, management and treatment of mental disorders/ illness. With the objective to address the shortage of mental health professionals in the country, 15 Centers of Excellence in Mental Health and 35 PG training departments in mental health specialties to increase the PG training capacity in mental health as well as improving the tertiary care treatment facility have been funded. Besides, three Central Institutions viz. National Institute of Mental Health And Neuro Sciences, Bangalore, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health,

Tezpur and Central Institute of Psychiatry, Ranchi have been strengthened for augmenting the human resources in the area of mental health and for capacity building in the country. During the 12th Five Year Plan, the DMHP has been restructured to include additional components like suicide prevention services, work place stress management, life skills training and counselling in schools and colleges. Support is also provided for Central/ State Mental Health Authorities, Research and Training and Information, Education and Communication (IEC) activities. The details of funds allocated and utilized, during the last three years for various schemes under the NMHP, State/UT-wise is at Annexure.

The Mental Health Action Plan 365, delineating the envisaged roles and responsibilities of different stakeholders for achieving objectives enshrined in the National Mental Health Policy, assigns the responsibility to care givers for widely disseminating the National Mental Health Policy and creating pressure groups to monitor societal and Government actions.